



# National Household Food Acquisition and Purchase Survey (FoodAPS)

## Codebook: Meals and Snacks form data – Public Use File faps\_meals\_puf

The OMB clearance number for FoodAPS is 0536-0068. The data were collected by the U.S. Department of Agriculture under authority of U.S.C, Title 7, Section 2026 (a)(1).

Information about the entire data collection, including instructions on how to request access to the data, may be found at <http://www.ers.usda.gov/foodaps>.

For further information contact: [FoodAPS@ers.usda.gov](mailto:FoodAPS@ers.usda.gov)

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## 1. Introduction

This codebook provides details on the data collected by the Meals and Snacks Form in the National Household Food Acquisition and Purchase Survey (FoodAPS) public use file (PUF). Users should first read the *User's Guide to Survey Design, Data Collection, and Overview of Datasets* for information about the survey design and sample, survey instruments and data collection, and analytic notes. This codebook provides a brief overview of how the meals and snacks data were collected and how these data were processed for inclusion in this dataset.

## 2. Description of Data

### 2.1. Data Contents

The **faps\_meals\_puf** data file contains one record for each of the 12,947 individuals in the 4,426 households that returned a Meals and Snacks Form. Variables are grouped into 3 main types:

- Identifying variables
- Date and Day variables
- Meal and Snack variables

### 2.2. Summary of Data Collection

Field interviewers left the Meals and Snacks Form (see section 4.6) with the Primary Respondent (PR) after the initial interview. The form contains space to write the names of each individual in the household (on the rows) and the days of the data collection week (as column headers). Field Interviewers filled the days of the week (Mon, Tues, etc.) as column headers at the top of the Meals and Snacks Form and asked the PR to write the names of each individual (on the rows). During the week the PR was supposed to check off the types of meals and snacks that each individual consumed each day of the reporting period. The field interviewer script for the Initial Visit included the following instructions to be read to the respondent regarding this form:

“I’d like you to write the names of each member of your household on this form. WAIT WHILE RESPONDENT WRITES NAMES IN FIRST

COLUMN. On this form, check the boxes to show which meals and snacks each person ate. This is the only form where we ask what you ate. All other forms ask about what you get, not what you eat. If someone did not eat a meal, you leave that box blank. For example, if you skipped lunch on Tuesday, do not check the box for lunch on Tuesday.”

The Meals and Snacks Form was collected at the end of the Final Interview.

### **2.3. Summary of Data Processing**

After the survey materials were returned to the survey operations center, the Meals and Snacks Form was edit-checked by data entry operators prior to key entry. The edit-check identified blank days (nothing checked) to distinguish missing data (nothing checked for a person on a day) from meals that were “not checked” because no meal was eaten. Once edited, each form was entered into a customized data entry system with the household identifier. The person names on the Meals and Snacks Form were matched with person names from the Initial Interview roster to assign person numbers so that the data could be linked with other data files.

The intention of asking PRs to write individual’s names on the form was to engage the respondent in the study materials. Unfortunately, this resulted in names that were often spelled differently in CAPI<sup>1</sup> (by field interviewers) and on the meals form (by PRs). Person names written on the Meals and Snacks Form were matched with CAPI data, within HHNUM, by sequentially applying different matching algorithms. This match was complicated by missing names on the Meals and Snacks Form. NAME\_FLAG tracks whether and which names were missing on the form:

- NAME\_FLAG =0 when individual’s name was not missing on the form
- NAME\_FLAG =1 when individual’s name was not on Meals and Snacks form, but there is only one person in the household

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<sup>1</sup> “CAPI” stands for Computer-Assisted Personal Interviewing.

- NAME\_FLAG =2 when all individual names were missing on the form and multiple individuals participated in the study (matching problem for all individuals in the household)
- NAME\_FLAG =3 when individual names were written on the form, but this individual's name was missing on the form (matching problem for this individual only).

The matching algorithm used for each **faps\_meals\_puf** record is identified by

MATCH\_FLAG:

- MATCH\_FLAG =0 when the name on the form and in CAPI were an exact match
- MATCH\_FLAG =1 when the name on the form and in CAPI were a close match (e.g., due to different spellings or nicknames)
- MATCH\_FLAG =2 when the match between the form and CAPI was a default match because the household size equals one
- MATCH\_FLAG =3 when the name on the form and in CAPI were matched based on a manual review
- MATCH\_FLAG =4 when the name on the form and in CAPI were matched by assuming that the order of persons on the meals form (ORDER) matched the order of persons listed for the CAPI household roster (PNUM)
- MATCH\_FLAG =5 when the name in CAPI was not on the meals form.

In some cases, the days of the week had not been entered in the column headers at the top of the Meals and Snacks Form. To fill missing data in DAY1-DAY7, days of the week were assigned to these variables based on start date, and the record was flagged with DAYS\_FLAG.

The meals dataset contains 1,302 individual records without any meals or snacks reported. This occurs for one of two reasons: (1) the individual was not listed on the form, or (2) the individual was listed on the form, but no meals or snacks were checked off for that member on any days. These individuals were flagged by using '-933' values

in all Meals variables to indicate the entire form was blank for that individual. The variable NODATA\_FLAG indicates how the individual was reported on the form:

- NODATA\_FLAG =0 if the individual was listed with reported meals or snacks
- NODATA\_FLAG =1 if the individual was listed on the form with no reported meals or snacks
- NODATA\_FLAG =2 if the individual was not listed on the form.

The '.' value identifies when no meals were reported for a given day for the individual, but other days had reported meals.

After data entry, some inconsistencies in missing values were discovered for 11 individuals in 7 households. These were manually recoded to be consistent with the data collection procedures. For example, if two meals on a given day had been selected (value =1 for the meal indicator), but the remainder of the meals had a missing value (.), the missing values were recoded to 0, indicating that the meal was not consumed. This occurred for nine individuals in five households. In addition, if some meals on a given day had a value of 0, but all other meals that day had a missing value (.), then the zeroes were recoded as missing also. This happened for two individuals who did have meals reported on other days.

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## 4. Variable-by-Variable Codebook

### 4.1. Identifying Variables

#### HHNUM

|                           |  |                      |
|---------------------------|--|----------------------|
| <b>Variable:</b><br>HHNUM | <b>Definition:</b> 6-digit unique identifier for household                 | <b>Type:</b> Numeric |
|                           | 12,947 responses with 4,426 unique values. Individual responses not shown. |                      |

#### PNUM

|                          |  |              |                |                          |
|--------------------------|--|--------------|----------------|--------------------------|
| <b>Variable:</b><br>PNUM | <b>Definition:</b> Individual identifier unique within household |              |                | <b>Type:</b> Numeric     |
|                          | <b>Value</b>   | <b>Count</b> | <b>Percent</b> | <b>Value description</b> |
|                          | 1  | 4,426        | 34.19          | Person Number 1          |
|                          | 2  | 3,481        | 26.89          | Person Number 2          |
|                          | 3  | 2,237        | 17.28          | Person Number 3          |
|                          | 4  | 1,439        | 11.11          | Person Number 4          |
|                          | 5  | 737          | 5.69           | Person Number 5          |
|                          | 6  | 338          | 2.61           | Person Number 6          |
|                          | 7  | 157          | 1.21           | Person Number 7          |
|                          | 8  | 69           | 0.53           | Person Number 8          |
|                          | 9  | 33           | 0.25           | Person Number 9          |
|                          | 10   | 17           | 0.13           | Person Number 10         |
|                          | 11   | 7            | 0.05           | Person Number 11         |
|                          | 12   | 3            | 0.02           | Person Number 12         |
|                          | 13   | 2            | 0.02           | Person Number 13         |
|                          | 14   | 1            | 0.01           | Person Number 14         |



**ORDER**

| Variable:<br>ORDER | Definition: Order of person on meals and snacks form |       |         |                        | Type: Numeric |
|--------------------|--|-------|---------|------------------------|---------------|
|                    | Value  | Count | Percent | Value description      |               |
|                    | 1  | 4,425 | 34.18   | Person Number 1        |               |
|                    | 2  | 3,330 | 25.72   | Person Number 2        |               |
|                    | 3  | 2,060 | 15.91   | Person Number 3        |               |
|                    | 4  | 1,297 | 10.02   | Person Number 4        |               |
|                    | 5  | 643   | 4.97    | Person Number 5        |               |
|                    | 6  | 283   | 2.19    | Person Number 6        |               |
|                    | 7  | 59    | 0.46    | Person Number 7        |               |
|                    | 8  | 26    | 0.20    | Person Number 8        |               |
|                    | 9  | 13    | 0.10    | Person Number 9        |               |
|                    | 10   | 6     | 0.05    | Person Number 10       |               |
|                    | 11   | 1     | 0.01    | Person Number 11       |               |
|                    | .  | 804   | 6.21    | Missing but applicable |               |

**NAME\_FLAG**

| Variable:<br>NAME_FLAG | Definition: Individual's name was not listed on meals and snacks form. |        |         |  | Type: Numeric |
|------------------------|--|--------|---------|--|---------------|
|                        | Value  | Count  | Percent | Value description  |               |
|                        | 0  | 11,033 | 85.22   | Individual's name was listed on form   |               |
|                        | 1  | 204    | 1.58    | Individual's name not on form, but HHSIZE = 1 (no matching problem)  |               |
|                        | 2  | 906    | 7.00    | Individual's name not on form, and all individuals in HH were missing on form, HHSIZE>1 (matching problem for all individuals in HH) |               |
|                        | 3  | 804    | 6.21    | Individual's name missing on form, but other names in HH on form (matching problem for individual)                                   |               |

**MATCH\_FLAG**

| Variable:<br>MATCH_FLAG | Definition: Type of match for individual to Initial interview |       |         | Type: Numeric                      |
|-------------------------|---|-------|---------|------------------------------------|
|                         | Value   | Count | Percent | Value description                  |
|                         | 0   | 8,819 | 68.12   | Match is exact                     |
|                         | 1   | 97    | 0.75    | Match is close, but not exact      |
|                         | 2   | 249   | 1.92    | Default match, HHSIZE=1            |
|                         | 3   | 1,548 | 11.96   | Matched manually and reviewed      |
|                         | 4   | 1,430 | 11.05   | Matched by order and reviewed      |
|                         | 5   | 804   | 6.21    | No match, person not on meals form |

**NODATA\_FLAG**

| Variable:<br>NODATA_FLAG | Definition: No meals and snacks reported for Individual. |        |         | Type: Numeric                                       |
|--------------------------|--|--------|---------|---|
|                          | Value  | Count  | Percent |   |
|                          | 0  | 11,645 | 89.94   | Individual was listed with reported meals or snacks |
|                          | 1  | 498    | 3.85    | Individual listed on the form, but no data reported |
|                          | 2  | 804    | 6.21    | Individual not listed on form                       |

**4.2. Date and Day Variables****STARTMON**

| Variable:<br>STARTMON | Definition: Month of the start date for reporting food |       |         | Type: Numeric     |
|-----------------------|--|-------|---------|-------------------|
|                       | Value  | Count | Percent | Value description |
|                       | 1  | 195   | 1.51    | January           |
|                       | 4  | 188   | 1.45    | April             |
|                       | 5  | 1,661 | 12.83   | May               |
|                       | 6  | 1,706 | 13.18   | June              |
|                       | 7  | 1,633 | 12.61   | July              |
|                       | 8  | 2,257 | 17.43   | August            |
|                       | 9  | 1,738 | 13.42   | September         |
|                       | 10   | 2,007 | 15.5    | October           |
|                       | 11   | 1,127 | 8.7     | November          |
|                       | 12   | 435   | 3.36    | December          |

**STARTDATE\_FLAG**

| Variable:<br>STARTDATE_FLAG | Definition: FLAG- Start date of study week was revised to reflect actual start of food reporting. |        |         | Type: Numeric     |
|-----------------------------|---|--------|---------|-------------------|
|                             | Value   | Count  | Percent | Value description |
|                             | 0   | 12,813 | 98.97   |                   |
|                             | 1   | 134    | 1.03    |                   |

**DAY1**

| Variable:<br>DAY1 | Definition: Day of week of first day of food reporting week |       |         | Type: Numeric     |
|-------------------|---|-------|---------|-------------------|
|                   | Value   | Count | Percent | Value description |
|                   | 1   | 1,548 | 11.96   | Sunday            |
|                   | 2   | 987   | 7.62    | Monday            |
|                   | 3   | 2,242 | 17.32   | Tuesday           |
|                   | 4   | 2,169 | 16.75   | Wednesday         |
|                   | 5   | 2,128 | 16.44   | Thursday          |
|                   | 6   | 2,120 | 16.37   | Friday            |
|                   | 7   | 1,753 | 13.54   | Saturday          |

**DAY2**

| Variable:<br>DAY2 | Definition: Day of week of second day of food reporting week |       |         | Type: Numeric     |
|-------------------|--|-------|---------|-------------------|
|                   | Value  | Count | Percent | Value description |
|                   | 1  | 1,753 | 13.54   | Sunday            |
|                   | 2  | 1,548 | 11.96   | Monday            |
|                   | 3  | 987   | 7.62    | Tuesday           |
|                   | 4  | 2,242 | 17.32   | Wednesday         |
|                   | 5  | 2,169 | 16.75   | Thursday          |
|                   | 6  | 2,128 | 16.44   | Friday            |
|                   | 7  | 2,120 | 16.37   | Saturday          |

**DAY3**

| <b>Variable:<br/>DAY3</b> | <b>Definition: Day of week of third day of food reporting week</b> |              |                | <b>Type: Numeric</b>     |
|---------------------------|--|--------------|----------------|--------------------------|
|                           | <b>Value</b>   | <b>Count</b> | <b>Percent</b> | <b>Value description</b> |
|                           | 1  | 2,120        | 16.37          | Sunday                   |
|                           | 2  | 1,753        | 13.54          | Monday                   |
|                           | 3  | 1,548        | 11.96          | Tuesday                  |
|                           | 4  | 987          | 7.62           | Wednesday                |
|                           | 5  | 2,242        | 17.32          | Thursday                 |
|                           | 6  | 2,169        | 16.75          | Friday                   |
|                           | 7  | 2,128        | 16.44          | Saturday                 |

**DAY4**

| <b>Variable:<br/>DAY4</b> | <b>Definition: Day of week of fourth day of food reporting week</b> |              |                | <b>Type: Numeric</b>     |
|---------------------------|---|--------------|----------------|--------------------------|
|                           | <b>Value</b>  | <b>Count</b> | <b>Percent</b> | <b>Value description</b> |
|                           | 1   | 2,128        | 16.44          | Sunday                   |
|                           | 2   | 2,120        | 16.37          | Monday                   |
|                           | 3   | 1,753        | 13.54          | Tuesday                  |
|                           | 4   | 1,548        | 11.96          | Wednesday                |
|                           | 5   | 987          | 7.62           | Thursday                 |
|                           | 6   | 2,242        | 17.32          | Friday                   |
|                           | 7   | 2,169        | 16.75          | Saturday                 |

**DAY5**

| <b>Variable:<br/>DAY5</b> | <b>Definition: Day of week of fifth day of food reporting week</b> |              |                | <b>Type: Numeric</b>     |
|---------------------------|--|--------------|----------------|--------------------------|
|                           | <b>Value</b>   | <b>Count</b> | <b>Percent</b> | <b>Value description</b> |
|                           | 1  | 2,169        | 16.75          | Sunday                   |
|                           | 2  | 2,128        | 16.44          | Monday                   |
|                           | 3  | 2,120        | 16.37          | Tuesday                  |
|                           | 4  | 1,753        | 13.54          | Wednesday                |
|                           | 5  | 1,548        | 11.96          | Thursday                 |
|                           | 6  | 987          | 7.62           | Friday                   |
|                           | 7  | 2,242        | 17.32          | Saturday                 |

**DAY6**

| Variable:<br>DAY6 | Definition: Day of week of sixth day of food reporting week |       |         | Type: Numeric     |
|-------------------|---|-------|---------|-------------------|
|                   | Value   | Count | Percent | Value description |
|                   | 1   | 2,242 | 17.32   | Sunday            |
|                   | 2   | 2,169 | 16.75   | Monday            |
|                   | 3   | 2,128 | 16.44   | Tuesday           |
|                   | 4   | 2,120 | 16.37   | Wednesday         |
|                   | 5   | 1,753 | 13.54   | Thursday          |
|                   | 6   | 1,548 | 11.96   | Friday            |
|                   | 7   | 987   | 7.62    | Saturday          |

**DAY7**

| Variable:<br>DAY7 | Definition: Day of week of seventh day of food reporting week |       |         | Type: Numeric     |
|-------------------|---|-------|---------|-------------------|
|                   | Value   | Count | Percent | Value description |
|                   | 1   | 987   | 7.62    | Sunday            |
|                   | 2   | 2,242 | 17.32   | Monday            |
|                   | 3   | 2,169 | 16.75   | Tuesday           |
|                   | 4   | 2,128 | 16.44   | Wednesday         |
|                   | 5   | 2,120 | 16.37   | Thursday          |
|                   | 6   | 1,753 | 13.54   | Friday            |
|                   | 7   | 1,548 | 11.96   | Saturday          |

**DAYS\_FLAG**

| Variable:<br>DAYS_FLAG | Definition: Days of the week were originally missing and assigned based on start date for data collection week. |        |         | Type: Numeric   |
|------------------------|---|--------|---------|---|
|                        | Value   | Count  | Percent | Value description   |
|                        | 0   | 10,487 | 81.00   | Days of the week not originally missing                             |
|                        | 1   | 2,460  | 19.00   | Days of the week assigned using start date for data collection week |

### 4.3. Meal and Snack Variables

#### BRKFST1

| Variable:<br>BRKFST1 | Definition: Individual ate breakfast on day 1 |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value   | Count | Percent | Value description      |
|                      | 0   | 3,107 | 24.00   | Not checked            |
|                      | 1   | 8,311 | 64.19   | Checked                |
|                      | .   | 227   | 1.75    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

#### BRKFST2

| Variable:<br>BRKFST2 | Definition: Individual ate breakfast on day 2 |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value   | Count | Percent | Value description      |
|                      | 0   | 3,249 | 25.09   | Not checked            |
|                      | 1   | 8,111 | 62.65   | Checked                |
|                      | .   | 285   | 2.20    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

#### BRKFST3

| Variable:<br>BRKFST3 | Definition: Individual ate breakfast on day 3 |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value   | Count | Percent | Value description      |
|                      | 0   | 3,277 | 25.31   | Not checked            |
|                      | 1   | 8,007 | 61.84   | Checked                |
|                      | .   | 361   | 2.79    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

#### BRKFST4

| Variable:<br>BRKFST4 | Definition: Individual ate breakfast on day 4 |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value   | Count | Percent | Value description      |
|                      | 0   | 3,228 | 24.93   | Not checked            |
|                      | 1   | 7,990 | 61.71   | Checked                |
|                      | .   | 427   | 3.30    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

**BRKFST5**

| Variable:<br>BRKFST5 | Definition: Individual ate breakfast on day 5 |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value   | Count | Percent | Value description      |
|                      | 0   | 3,175 | 24.52   | Not checked            |
|                      | 1   | 7,984 | 61.67   | Checked                |
|                      | .   | 486   | 3.75    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

**BRKFST6**

| Variable:<br>BRKFST6 | Definition: Individual ate breakfast on day 6 |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value   | Count | Percent | Value description      |
|                      | 0   | 3,070 | 23.71   | Not checked            |
|                      | 1   | 7,968 | 61.54   | Checked                |
|                      | .   | 607   | 4.69    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

**BRKFST7**

| Variable:<br>BRKFST7 | Definition: Individual ate breakfast on day 7 |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value   | Count | Percent | Value description      |
|                      | 0   | 3,111 | 24.03   | Not checked            |
|                      | 1   | 7,766 | 59.98   | Checked                |
|                      | .   | 768   | 5.93    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

**LUNCH1**

| Variable:<br>LUNCH1 | Definition: Individual ate lunch on day 1 |       |         | Type: Numeric          |
|---------------------|---|-------|---------|------------------------|
|                     | Value                                     | Count | Percent | Value description      |
|                     | 0   | 2,390 | 18.46   | Not checked            |
|                     | 1   | 9,028 | 69.73   | Checked                |
|                     | .   | 227   | 1.75    | Missing but applicable |
|                     | -933                                      | 1,302 | 10.06   | Blank meals form       |

**LUNCH2**

| Variable:<br>LUNCH2 | Definition: Individual ate lunch on day 2. |       |         | Type: Numeric          |
|---------------------|--|-------|---------|------------------------|
|                     | Value                                      | Count | Percent | Value description      |
|                     | 0  | 2,375 | 18.34   | Not checked            |
|                     | 1  | 8,985 | 69.40   | Checked                |
|                     | .  | 285   | 2.20    | Missing but applicable |
|                     | -933                                       | 1,302 | 10.06   | Blank meals form       |

**LUNCH3**

| Variable:<br>LUNCH3 | Definition: Individual ate lunch on day 3. |       |         | Type: Numeric          |
|---------------------|--|-------|---------|------------------------|
|                     | Value                                      | Count | Percent | Value description      |
|                     | 0  | 2,334 | 18.03   | Not checked            |
|                     | 1  | 8,950 | 69.13   | Checked                |
|                     | .  | 361   | 2.79    | Missing but applicable |
|                     | -933                                       | 1,302 | 10.06   | Blank meals form       |

**LUNCH4**

| Variable:<br>LUNCH4 | Definition: Individual ate lunch on day 4. |       |         | Type: Numeric          |
|---------------------|--|-------|---------|------------------------|
|                     | Value                                      | Count | Percent | Value description      |
|                     | 0  | 2,289 | 17.68   | Not checked            |
|                     | 1  | 8,929 | 68.97   | Checked                |
|                     | .  | 427   | 3.30    | Missing but applicable |
|                     | -933                                       | 1,302 | 10.06   | Blank meals form       |

**LUNCH5**

| Variable:<br>LUNCH5 | Definition: Individual ate lunch on day 5. |       |         | Type: Numeric          |
|---------------------|--|-------|---------|------------------------|
|                     | Value                                      | Count | Percent | Value description      |
|                     | 0  | 2,305 | 17.80   | Not checked            |
|                     | 1  | 8,854 | 68.39   | Checked                |
|                     | .  | 486   | 3.75    | Missing but applicable |
|                     | -933                                       | 1,302 | 10.06   | Blank meals form       |



**LUNCH6**

| Variable:<br>LUNCH6 | Definition: Individual ate lunch on day 6. |       |         | Type: Numeric          |
|---------------------|--|-------|---------|------------------------|
|                     | Value                                      | Count | Percent | Value description      |
|                     | 0  | 2,267 | 17.51   | Not checked            |
|                     | 1  | 8,771 | 67.75   | Checked                |
|                     | .  | 607   | 4.69    | Missing but applicable |
|                     | -933                                       | 1,302 | 10.06   | Blank meals form       |

**LUNCH7**

| Variable:<br>LUNCH7 | Definition: Individual ate lunch on day 7. |       |         | Type: Numeric          |
|---------------------|--|-------|---------|------------------------|
|                     | Value                                      | Count | Percent | Value description      |
|                     | 0  | 2,202 | 17.01   | Not checked            |
|                     | 1  | 8,675 | 67.00   | Checked                |
|                     | .  | 768   | 5.93    | Missing but applicable |
|                     | -933                                       | 1,302 | 10.06   | Blank meals form       |

**DINNER1**

| Variable:<br>DINNER1 | Definition: Individual ate dinner on day 1. |        |         | Type: Numeric          |
|----------------------|---|--------|---------|------------------------|
|                      | Value                                       | Count  | Percent | Value description      |
|                      | 0   | 1,212  | 9.36    | Not checked            |
|                      | 1   | 10,206 | 78.83   | Checked                |
|                      | .   | 227    | 1.75    | Missing but applicable |
|                      | -933  | 1,302  | 10.06   | Blank meals form       |

**DINNER2**

| Variable:<br>DINNER2 | Definition: Individual ate dinner on day 2. |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value                                       | Count | Percent | Value description      |
|                      | 0   | 1,411 | 10.90   | Not checked            |
|                      | 1   | 9,949 | 76.84   | Checked                |
|                      | .   | 285   | 2.20    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

**DINNER3**

| Variable:<br>DINNER3 | Definition: Individual ate dinner on day 3. |        |         | Type: Numeric          |
|----------------------|---|--------|---------|------------------------|
|                      | Value                                       | Count  | Percent | Value description      |
|                      | 0   | 1,189  | 9.18    | Not checked            |
|                      | 1   | 10,095 | 77.97   | Checked                |
|                      | .   | 361    | 2.79    | Missing but applicable |
|                      | -933  | 1,302  | 10.06   | Blank meals form       |

**DINNER4**

| Variable:<br>DINNER4 | Definition: Individual ate dinner on day 4. |        |         | Type: Numeric          |
|----------------------|---|--------|---------|------------------------|
|                      | Value                                       | Count  | Percent | Value description      |
|                      | 0   | 1,166  | 9.01    | Not checked            |
|                      | 1   | 10,052 | 77.64   | Checked                |
|                      | .   | 427    | 3.30    | Missing but applicable |
|                      | -933  | 1,302  | 10.06   | Blank meals form       |

**DINNER5**

| Variable:<br>DINNER5 | Definition: Individual ate dinner on day 5. |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value                                       | Count | Percent | Value description      |
|                      | 0   | 1,167 | 9.01    | Not checked            |
|                      | 1   | 9,992 | 77.18   | Checked                |
|                      | .   | 486   | 3.75    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

**DINNER6**

| Variable:<br>DINNER6 | Definition: Individual ate dinner on day 6. |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value                                       | Count | Percent | Value description      |
|                      | 0   | 1,097 | 8.47    | Not checked            |
|                      | 1   | 9,941 | 76.78   | Checked                |
|                      | .   | 607   | 4.69    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

**DINNER7**

| Variable:<br>DINNER7 | Definition: Individual ate dinner on day 7. |       |         | Type: Numeric          |
|----------------------|---|-------|---------|------------------------|
|                      | Value                                       | Count | Percent | Value description      |
|                      | 0   | 1,280 | 9.89    | Not checked            |
|                      | 1   | 9,597 | 74.13   | Checked                |
|                      | .   | 768   | 5.93    | Missing but applicable |
|                      | -933  | 1,302 | 10.06   | Blank meals form       |

**SNACKAM1**

| Variable:<br>SNACKAM1 | Definition: Individual ate morning snack on day 1. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 7,881 | 60.87   | Not checked            |
|                       | 1  | 3,537 | 27.32   | Checked                |
|                       | .  | 227   | 1.75    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKAM2**

| Variable:<br>SNACKAM2 | Definition: Individual ate morning snack on day 2. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 8,152 | 62.96   | Not checked            |
|                       | 1  | 3,208 | 24.78   | Checked                |
|                       | .  | 285   | 2.20    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKAM3**

| Variable:<br>SNACKAM3 | Definition: Individual ate morning snack on day 3. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 8,219 | 63.48   | Not checked            |
|                       | 1  | 3,065 | 23.67   | Checked                |
|                       | .  | 361   | 2.79    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKAM4**

| Variable:<br>SNACKAM4 | Definition: Individual ate morning snack on day 4. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 8,243 | 63.67   | Not checked            |
|                       | 1  | 2,975 | 22.98   | Checked                |
|                       | .  | 427   | 3.30    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKAM5**

| Variable:<br>SNACKAM5 | Definition: Individual ate morning snack on day 5. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 8,243 | 63.67   | Not checked            |
|                       | 1  | 2,916 | 22.52   | Checked                |
|                       | .  | 486   | 3.75    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKAM6**

| Variable:<br>SNACKAM6 | Definition: Individual ate morning snack on day 6. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 8,183 | 63.20   | Not checked            |
|                       | 1  | 2,855 | 22.05   | Checked                |
|                       | .  | 607   | 4.69    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKAM7**

| Variable:<br>SNACKAM7 | Definition: Individual ate morning snack on day 7. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 7,969 | 61.55   | Not checked            |
|                       | 1  | 2,908 | 22.46   | Checked                |
|                       | .  | 768   | 5.93    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKPM1**

| Variable:<br>SNACKPM1 | Definition: Individual ate afternoon snack on day 1. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 6,062 | 46.82   | Not checked            |
|                       | 1  | 5,356 | 41.37   | Checked                |
|                       | .  | 227   | 1.75    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKPM2**

| Variable:<br>SNACKPM2 | Definition: Individual ate afternoon snack on day 2. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 6,293 | 48.61   | Not checked            |
|                       | 1  | 5,067 | 39.14   | Checked                |
|                       | .  | 285   | 2.20    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKPM3**

| Variable:<br>SNACKPM3 | Definition: Individual ate afternoon snack on day 3. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 6,382 | 49.29   | Not checked            |
|                       | 1  | 4,902 | 37.86   | Checked                |
|                       | .  | 361   | 2.79    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKPM4**

| Variable:<br>SNACKPM4 | Definition: Individual ate afternoon snack on day 4. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 6,406 | 49.48   | Not checked            |
|                       | 1  | 4,812 | 37.17   | Checked                |
|                       | .  | 427   | 3.30    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKPM5**

| Variable:<br>SNACKPM5 | Definition: Individual ate afternoon snack on day 5. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 6,418 | 49.57   | Not checked            |
|                       | 1  | 4,741 | 36.62   | Checked                |
|                       | .  | 486   | 3.75    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKPM6**

| Variable:<br>SNACKPM6 | Definition: Individual ate afternoon snack on day 6. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 6,329 | 48.88   | Not checked            |
|                       | 1  | 4,709 | 36.37   | Checked                |
|                       | .  | 607   | 4.69    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKPM7**

| Variable:<br>SNACKPM7 | Definition: Individual ate afternoon snack on day 7. |       |         | Type: Numeric          |
|-----------------------|--|-------|---------|------------------------|
|                       | Value  | Count | Percent | Value description      |
|                       | 0  | 6,314 | 48.77   | Not checked            |
|                       | 1  | 4,563 | 35.24   | Checked                |
|                       | .  | 768   | 5.93    | Missing but applicable |
|                       | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKEVE1**

| Variable:<br>SNACKEVE1 | Definition: Individual ate evening snack on day 1. |        |         | Type: Numeric          |
|------------------------|--|--------|---------|------------------------|
|                        | Value  | Count  | Percent | Value description      |
|                        | 0  | 1,212  | 9.36    | Not checked            |
|                        | 1  | 10,206 | 78.83   | Checked                |
|                        | .  | 227    | 1.75    | Missing but applicable |
|                        | -933   | 1,302  | 10.06   | Blank meals form       |

**SNACKEVE2**

| Variable:<br>SNACKEVE2 | Definition: Individual ate evening snack on day 2. |       |         | Type: Numeric          |
|------------------------|--|-------|---------|------------------------|
|                        | Value  | Count | Percent | Value description      |
|                        | 0  | 1,411 | 10.90   | Not checked            |
|                        | 1  | 9,949 | 76.84   | Checked                |
|                        | .  | 285   | 2.20    | Missing but applicable |
|                        | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKEVE3**

| Variable:<br>SNACKEVE3 | Definition: Individual ate evening snack on day 3. |        |         | Type: Numeric          |
|------------------------|--|--------|---------|------------------------|
|                        | Value  | Count  | Percent | Value description      |
|                        | 0  | 1,189  | 9.18    | Not checked            |
|                        | 1  | 10,095 | 77.97   | Checked                |
|                        | .  | 361    | 2.79    | Missing but applicable |
|                        | -933   | 1,302  | 10.06   | Blank meals form       |

**SNACKEVE4**

| Variable:<br>SNACKEVE4 | Definition: Individual ate evening snack on day 4. |        |         | Type: Numeric          |
|------------------------|--|--------|---------|------------------------|
|                        | Value  | Count  | Percent | Value description      |
|                        | 0  | 1,166  | 9.01    | Not checked            |
|                        | 1  | 10,052 | 77.64   | Checked                |
|                        | .  | 427    | 3.30    | Missing but applicable |
|                        | -933   | 1,302  | 10.06   | Blank meals form       |

**SNACKEVE5**

| Variable:<br>SNACKEVE5 | Definition: Individual ate evening snack on day 5. |       |         | Type: Numeric          |
|------------------------|--|-------|---------|------------------------|
|                        | Value  | Count | Percent | Value description      |
|                        | 0  | 1,167 | 9.01    | Not checked            |
|                        | 1  | 9,992 | 77.18   | Checked                |
|                        | .  | 486   | 3.75    | Missing but applicable |
|                        | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKEVE6**

| Variable:<br>SNACKEVE6 | Definition: Individual ate evening snack on day 6. |       |         | Type: Numeric          |
|------------------------|--|-------|---------|------------------------|
|                        | Value  | Count | Percent | Value description      |
|                        | 0  | 1,097 | 8.47    | Not checked            |
|                        | 1  | 9,941 | 76.78   | Checked                |
|                        | .  | 607   | 4.69    | Missing but applicable |
|                        | -933   | 1,302 | 10.06   | Blank meals form       |

**SNACKEVE7**

| Variable:<br>SNACKEVE7 | Definition: Individual ate evening snack on day 7. |       |         | Type: Numeric          |
|------------------------|--|-------|---------|------------------------|
|                        | Value  | Count | Percent | Value description      |
|                        | 0  | 1,280 | 9.89    | Not checked            |
|                        | 1  | 9,597 | 74.13   | Checked                |
|                        | .  | 768   | 5.93    | Missing but applicable |
|                        | -933   | 1,302 | 10.06   | Blank meals form       |



## 4.6 Meals and Snacks Form

OMB Control Number: 0536-0068  
Expiration Date: 03/31/2015

### Meals and Snacks We Ate this Week

Check each meal and snack eaten by each person in the household

|          | Day 1                              |                              | Day 2                              |                              | Day 3                              |                              | Day 4                              |                              | Day 5                              |                              | Day 6                              |                              | Day 7                              |                              |
|----------|------------------------------------|------------------------------|------------------------------------|------------------------------|------------------------------------|------------------------------|------------------------------------|------------------------------|------------------------------------|------------------------------|------------------------------------|------------------------------|------------------------------------|------------------------------|
|          | Meals                              | Snacks                       | Meals                              | Snacks                       | Meals                              | Snacks                       | Meals                              | Snacks                       | Meals                              | Snacks                       | Meals                              | Snacks                       | Meals                              | Snacks                       |
| Person 1 | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  |
|          | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  |
|          | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve |
| Person 2 | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  |
|          | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  |
|          | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve |
| Person 3 | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  |
|          | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  |
|          | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve |
| Person 4 | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  |
|          | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  |
|          | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve |
| Person 5 | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  |
|          | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  |
|          | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve |
| Person 6 | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  | <input type="checkbox"/> Breakfast | <input type="checkbox"/> AM  |
|          | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  | <input type="checkbox"/> Lunch     | <input type="checkbox"/> PM  |
|          | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve | <input type="checkbox"/> Dinner    | <input type="checkbox"/> Eve |

Breakfast, lunch, and dinner may be at any time of day, depending on your schedule.

- "AM snack" = one or more snacks between midnight and noon
- "PM snack" = one or more snacks between noon and 6pm
- "Eve snack" = one or more snacks between 6pm and midnight